



## The FUN Factor: Culminating Events in Physical Education

Celebrating student success is one key to successful physical education programming.  
 We must help students make positive memories they associate with lifelong physical activity.

“Perceived competence sustains participation.” *(quote from a past NASPE workshop)*

How do we help them feel successful? Celebrate Success with Culminating Events!

<p><b>Pros: Its the FUN Factor!</b>                  Making Memories!                  Helps sell overall PE program                  Traditions can be started!</p> <p><b>Challenges:</b>                  Not enough “time”... (wrong!)                  Unsure of support from school                  “New” can be scary</p>	<p style="text-align: center;"><b>Tips &amp; Tricks</b></p> <p><b>Take Pictures &amp; Video:</b> Make shows to share with everyone!                  Invite <b>local media</b> to all of your events. Positive press helps!  <b>Include students</b> in the planning. They buy-in to it more.  <b>Tie in</b> with a school theme or purpose if possible (fundraising or community service projects, etc.)  <b>Look for Grant Funding</b> to kick off a new idea or tradition:                  Fuel Up to Play 60, ING Running,  <b>*Inclusion is key: be sure all can be successful &amp; involved</b></p>	
<p><b>Large Group Event Ideas:</b></p> <ul style="list-style-type: none"> <li>• Family Fitness Nights</li> <li>• School World Expo</li> <li>• Open Activity Evenings</li> <li>• School-wide Fun Run</li> <li>• Holiday Fun-Run</li> <li>• Jump Rope for Heart</li> <li>• American Heart Red Out</li> </ul>	<p><b>In Class Event Ideas:</b></p> <ul style="list-style-type: none"> <li>• Choice Week Games</li> <li>• Pickleball &amp; Badminton Tournaments for “the TITLE”</li> <li>• Bowling Tournament</li> <li>• Basketball Intramurals</li> <li>• Flag Football University Visit</li> <li>• Golf Course Field Trip</li> <li>• Pedometer Treks</li> <li>• “Design Own” &amp; Share Activity</li> <li>• Elementary Barn Dance</li> </ul>	<p><b>How to start:</b></p> <ul style="list-style-type: none"> <li>• KISS: Keep it simple at first...then grow from there.</li> <li>• Plan ahead: Events can be quarterly? semester? annual? themed?</li> <li>• Advance notice: Admin. support, get on calendar, share at staff meetings.</li> <li>• Parent Support Teams = KEY to success!</li> </ul>
<p><b>Cross-Curricular:</b></p> <ul style="list-style-type: none"> <li>- PE Teacher: Pedometer Logs, Map: Lewis-Clark Trail</li> <li>- Math Teacher: Use student data for graphing &amp; analysis</li> <li>- History Teacher: Use progress on trail to align with current unit.</li> <li>- Helps get more program support</li> </ul>	<p><b>End of Unit Celebrations</b></p> <ul style="list-style-type: none"> <li>• Plan Backwards</li> <li>• What is the purpose?</li> <li>• Still aligns with curriculum</li> <li>• Inclusion is key</li> </ul> <p><b>Ideas on HOW to do it:</b></p> <ul style="list-style-type: none"> <li>• Sport Education Model</li> <li>• Personal Goal Setting</li> <li>• Students help plan celebration</li> <li>• Have students complete a Reflection on learning.</li> </ul>	<p><b>Intramurals:</b></p> <ul style="list-style-type: none"> <li>- Learn Activity in PE</li> <li>- Sign up outside of PE</li> <li>- Inclusion: choose your level of competition</li> <li>- Run at lunch, advisory or after school.</li> <li>- Event pictures and brackets posted on intramural board.</li> <li>- Student leaders, parents, other volunteers run.</li> </ul>